

LEADING WITH LOVE: INNER WORK FOR CATHOLIC LEADERS

A Souls and Hearts Pre-Workshop before CLC 2025

May 5, 2025 - 11:30 AM to 3:30 PM

PETER MALINOSKI, PH.D., CLINICAL PSYCHOLOGIST

The way Catholics lead others in our external systems reflects how we lead ourselves in our internal systems. This workshop draws from St. Thomas Aquinas' metaphysical foundation for the connections between self-love/self-governance and leading others with love.

11:30 to 12:45 PM — Lunch (order from the menu online or in person, or BYO) — time to socialize, connect

12:45 PM to 1:05 PM — (Talk) *Self-Governance and Self-Leadership: From the Inside First, then Outward*

1:05 PM to 1:15 PM — Q&A on the talk

1:15 to 1:35 — (Group experiential exercise): *Focusing on How Your External Leadership Style Reflects Your Inner Leadership Style*

1:35 PM to 1:45 — Debrief from experiential exercise

1:45 PM to 2:00 PM — Break

2:00 to 2:30 PM — (Demonstration of IFS work with a leader/attendee): *Revealing How Difficulties in External Leadership Stem from Issues of Self-Governance Within the Leader* (emphasis on observer role)

2:30 PM to 2:45 PM — Debrief from demo

2:45 to 3:00 PM — Final Q&A and discussion

3:00 to 3:30 PM — Dessert and social time

3:30 PM — Workshop concludes

Location: Private room at Eat N' Park at 100 Mall Drive in Steubenville (about 5 miles away from the Franciscan University)

Cost: \$40 nonrefundable (meal not included, order from the menu online or in person - eatnpark.com/menu - or BYO)

Register at: SoulsAndHearts.com/CLS25
(limited to the first 22 paid registrants)

Questions? Contact Dr. Peter at crisis@soulsandhearts.com or at 317.567.9594

